

## **ABSTRACT**

A rise assist apparatus comprising a handrail in the form of a convoluted section attached to a vertical pole, and stabilized by a bed frame attachment member and a floor contacting base frame. Alternatively, the rise assist apparatus may be wall mounted, being stabilized by a system of mounted wall brackets. The rise assist apparatus further includes an upper curved, horizontal leveraging handle, which extends from the pole-like support structure. Specifically, the rise assist apparatus allows the user to build momentum by pushing off the upper hand grip, and allows the user to control the momentum by regaining balance, and readjusting posture, by gripping the lower handrail member. Additionally, the user can use the curved grip with one hand, while simultaneously reaching for the handrail during the rising movement thereby allowing the user to support himself or herself as they rise out of bed.